

フクラ家商品 アレルギー情報

更新日 平成31年3月18日

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| | 小麦 | そば | 卵 | 乳 | 落花生 | くるみ | ごま | あわび | いか | いくら | えび | かに | さけ | さば | 大豆 | 鶏肉 | 豚肉 | 牛肉 | まつたけ | キウイフルーツ | もも | やまいも | りんご | バナナ | オレンジ | ゼラチン | ナッツ | *魚介類 |
|---------------------------|----|----|---|---|-----|-----|----|-----|----|-----|----|----|----|----|----|----|----|----|------|---------|----|------|-----|-----|------|------|-----|------|
| <定食・丼メニュー> | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 新フクラ家定食 | ● | | ● | ● | | | | | | | | | | | ● | ● | ● | ● | ● | | | | | | | | | ● |
| (単品)新フクラ家 | ● | | ● | ● | | | | | | | | | | | ● | ● | ● | ● | ● | | | | | | | | | ● |
| 塩麴からあげ御膳 | ● | | | | | | ● | | | | | | | | ● | ● | | | | | | | | | | | | ● |
| 立田揚げ定食 | ● | | ● | | | | | | | | | | | | ● | ● | ● | ● | | | | | | | | | | ● |
| (単品)立田揚げ | ● | | ● | | | | | | | | | | | | ● | ● | ● | ● | | | | | | | | | | ● |
| 手ぶり塩の鯖焼き定食 | ● | | | | | | | | | | | | | | ● | ● | ● | ● | | | | | | | | | | ● |
| さば味噌膳 | ● | | | ● | | | | | | | | | | | ● | ● | ● | ● | | | | | | | | | | ● |
| (単品)さば味噌 | | | | ● | | | | | | | | | | | ● | ● | | | | | | | | | | | | ● |
| 銀鮭の越後味噌漬け定食 | ● | | | | | | | | | | | | | | ● | ● | ● | ● | | | | | | | | | | ● |
| (単品)銀鮭の越後味噌漬け | ● | | | | | | | | | | | | | | ● | ● | | | | | | | | | | | | ● |
| 玄海鱈の御茶漬け定食 | ● | | | | | | | | ● | | | | | | ● | ● | ● | ● | | | | | | | | | | ● |
| 九州玄海灘産新鮮アジフライ定食 | ● | | ● | ● | | | | | | | | | | | ● | ● | | | | | | | | | | | | ● |
| 特選フクラ家プレート | ● | | ● | ● | | | | | | | | | | | ● | ● | ● | ● | ● | | | | ● | | | ● | | ● |
| 極・チキン南蛮定食 | ● | | ● | ● | | | ● | | | | | | | | ● | ● | | | | | | | ● | | | | | ● |
| (単品)極・チキン南蛮 | ● | | ● | ● | | | ● | | | | | | | | ● | ● | | | | | | | ● | | | | | ● |
| 極・チキン南蛮丼 | ● | | ● | ● | | | ● | | | | | | | | ● | ● | | | | | | | ● | | | | | ● |
| 塩麴からあげ丼 | ● | | | | | | ● | | | | | | | | ● | ● | | | | | | | | | | | | ● |
| 灰干し熟成 金華さば焼き定食 | ● | | | | | | | | | | | | | | ● | ● | ● | ● | | | | | | | | | | ● |
| (単品)灰干し熟成 金華さば焼き | | | | | | | | | | | | | | | ● | ● | | | | | | | | | | | | ● |
| 鯖の煮付け定食 | ● | | | | | | | | | | | | | | ● | ● | ● | ● | | | | | | | | | | ● |
| (単品)鯖の煮付け | ● | | | | | | | | | | | | | | ● | ● | | | | | | | | | | | | ● |
| 熊本天草産カンパチの煮付け御膳 | ● | | | | | | | | | | | | | | ● | | | | | | | | | | | | | ● |
| (単品)熊本天草産カンパチの煮付け | ● | | | | | | | | | | | | | | ● | | | | | | | | | | | | | ● |
| シャリアピンステーキセット | ● | | | | | | | | | | | | | | ● | | | ● | | | | | | | | | | ● |
| (単品)シャリアピンステーキ | ● | | | | | | | | | | | | | | ● | | | ● | | | | | | | | | | ● |
| シャリアピンステーキ小丼 | ● | | | | | | | | | | | | | | ● | | | ● | | | | | | | | | | ● |
| <セットメニュー> | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| チキンカツと生姜焼きセット | ● | | | ● | | | | | | | | | | | ● | ● | ● | ● | | | | | | ● | | | | ● |
| (単品)チキンカツと生姜焼き | ● | | | ● | | | | | | | | | | | ● | ● | ● | | | | | | ● | | | | | ● |
| <そば・うどんメニュー> | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 石臼挽き もり蕎麦 | ● | ● | | | | | | | | | | | | | ● | | | | | | | | | | | | | ● |
| 石臼挽き かけ蕎麦 | ● | ● | | | | | | | ● | | | | | | ● | ● | | | | | | | | | | | | ● |
| 石臼挽き きつね蕎麦 | ● | ● | | | | | | | ● | | | | | | ● | ● | | | | | | | | | | | | ● |
| もりうどん | ● | | | | | | | | | | | | | | ● | | | | | | | | | | | | | ● |
| かけうどん | ● | | | | | | | | ● | | | | | | ● | ● | | | | | | | | | | | | ● |
| きつねうどん | ● | | | | | | | | ● | | | | | | ● | ● | | | | | | | | | | | | ● |
| 釜揚げうどん | ● | | | | | | | | | | | | | | ● | | | | | | | | | | | | | ● |
| 柚子仕立て 冷しぶっかけ蕎麦 | ● | ● | ● | | | | ● | | | | | | | | ● | ● | | ● | | | | | | | | | | ● |
| 柚子仕立て 冷しぶっかけうどん | ● | | ● | | | | ● | | | | | | | | ● | ● | | ● | | | | | | | | | | ● |
| 三陸旬穴子一本付け蕎麦 | ● | ● | | | | | | | ● | | | | | | ● | ● | | | | | | | | | | | | ● |
| 赤辛鍋焼きうどん | ● | | ● | | | | | | | | | | | | ● | ● | ● | | | | | | | | | | | ● |
| 赤辛チーズ鍋焼きうどん | ● | | ● | ● | | | | | | | | | | | ● | ● | ● | | | | | | | | | | | ● |
| <お子様> | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| お子様唐揚げセット | ● | | ● | ● | | | ● | | | | | | | | ● | ● | ● | | | | | | ● | ● | ● | | | ● |
| お子様うどんセット | ● | | ● | | | | ● | ● | | | | | | | ● | ● | | | | | | | ● | ● | | | | ● |
| <日替り膳> | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 鶏カツの柳川風鍋 | ● | | ● | ● | | | | | | | | | | | ● | ● | ● | ● | | | | | | | | | | ● |
| 鶏カツのカレー煮込み | ● | | ● | ● | | | | | | | | | | | ● | ● | ● | ● | | | | | ● | ● | | ● | | ● |
| 特製チーズ焼きカレー | ● | | ● | ● | | | | | | | | | | | ● | ● | ● | ● | ● | | | | ● | ● | | ● | | ● |
| デミチキンカツ | ● | | ● | ● | | | | | | | | | | | ● | ● | ● | ● | ● | | | | ● | | | | | ● |
| 若鶏のオリエンタルスイートソース仕立て | ● | | ● | ● | | | | | | | | | | | ● | ● | ● | ● | | | | | ● | | | | | ● |
| チキンカツサルソース | ● | | | ● | | | | | | | | | | | ● | ● | ● | | | | | | | | | | | ● |
| 炙り焼き親子丼 | ● | | ● | | | | | | | | | | | | ● | ● | ● | ● | | | | | | | | | | ● |
| 柚子風味 照り焼き丼 | ● | | ● | | | | | | | | | | | | ● | ● | | | | | | | | | | | | ● |

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|------------------------|----|----|---|---|-----|-----|----|-----|----|-----|----|----|----|----|----|----|----|----|------|---------|----|------|-----|-----|------|------|-----|---------|------|
| <サイドメニュー> | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 味噌汁 | ● | | | | | | | | | | | | | | ● | | | | | | | | | | | | | | ● |
| 白米ごはん | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 玄米ごはん | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 十穀入り玄米ご飯 | | | | | | | | | | | | | | | ● | | | | | | | | | | | | | | |
| 納豆 | ● | | | | | | | | | | | | | | ● | | | | | | | | | | | | | | |
| 平飼い美容卵 | | | ● | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 美容卵のハムエッグ | | | ● | ● | | | | | | | | | | | ● | | ● | | | | | | | | | | | | |
| 国産すりおろしとろろ芋 | | | | | | | | | | | | | | | ● | | | | | | | ● | | | | | | | ● |
| お新香(白菜塩漬) | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 大根おろし | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| ひじき煮 | ● | | | | | | | | | | | | | | ● | ● | ● | | | | | | | | | | | | |
| 卵の花 | ● | | | | | | | | | | | | | | ● | ● | | | | | | | | | | | | | |
| なす味噌田楽 | | | | | | | | | | | | | | | ● | ● | | | | | | | | | | | | | |
| 冷奴 | | | | | | | | | | | | | | | ● | | | | | | | | | | | | | | |
| 枝豆 | | | | | | | | | | | | | | | ● | | | | | | | | | | | | | | |
| グリーンサラダ(ドレッシングなし) | | | | | | | | | | | | | | | ● | | | | | | | | ● | | | | | | |
| ポテトサラダ | ● | | ● | ● | | | | | | | | | | | ● | | ● | | | | | | ● | | | | | | |
| コールスローサラダ | ● | | ● | | | | | | | | | | | | ● | | | | | | | | | | | | | | |
| 半カレー | ● | | | ● | | | | | | | | | | | ● | | ● | ● | | | | | ● | ● | | ● | | | |
| 塩麴からあげ2個 | ● | | | | | | ● | | | | | | | | ● | ● | | | | | | | | | | | | | |
| 極・チキン南蛮 | ● | | ● | ● | | | ● | | | | | | | | ● | ● | | | | | | | ● | | | | | | |
| 手ぶり塩の鯖焼きハーフ | | | | | | | | | | | | | | | ● | | | | | | | | | | | | | | |
| 玄海鰻フライ | ● | | | | | | | | | | | | | | ● | | | | | | | | | | | | | | |
| エビフライ | ● | | ● | ● | | | | | | | ● | | | | ● | | | | | | | | | | | | | | |
| 野菜たっぷりメンチカツ | ● | | ● | ● | | | | | | | | | | | ● | ● | ● | ● | | | | | | | | | | | |
| 塩麴からあげ 小井 | ● | | | | | | ● | | | | | | | | ● | ● | | | | | | | | | | | | | |
| <おつまみ> | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 焼鳥(もも 塩麴) | | | | | | | ● | | | | | | | | ● | ● | | | | | | | | | | | | | |
| 焼鳥(もも たれ) | ● | | | | | | | | | | | | | | ● | ● | ● | ● | | | | | | | | | | | |
| 焼鳥(もも しお) | | | | | | | | | | | | | | | ● | ● | | | | | | | | | | | | | |
| 焼鳥(せせり たれ) | ● | | | | | | | | | | | | | | ● | ● | ● | ● | | | | | | | | | | | |
| 焼鳥(せせり しお) | | | | | | | | | | | | | | | ● | ● | | | | | | | | | | | | | |
| 砂肝唐揚げ | ● | | | | | | ● | | | | | | | | ● | ● | | | | | | | | | | | | | |
| 旨辛手羽先 | ● | | | | | | ● | | | | | | | | ● | ● | | | | | | | | | | | | | |
| 金華伊達カツオたたき | ● | | | | | | ● | | | | | | | | ● | | | | | | | | | | | | | | |
| <卓上調味料類> | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| フクラ家特製だし醤油 | ● | | | | | | | | | | | | | | ● | | | | | | | | | | | | | | |
| 濃口醤油 | ● | | | | | | | | | | | | | | ● | | | | | | | | | | | | | | |
| ノンオイル青じそドレッシング | ● | | | | | | | | | | | | | | ● | ● | ● | | | | | | ● | | | | ● | | |
| 柚子醤油ドレッシング | ● | | | | | | | | | | | | | | ● | ● | | | | | | | | | | | | | |
| ソース | | | | | | | | | | | | | | | | | | ● | | | | | | | | | | | |
| からし(小袋) | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |